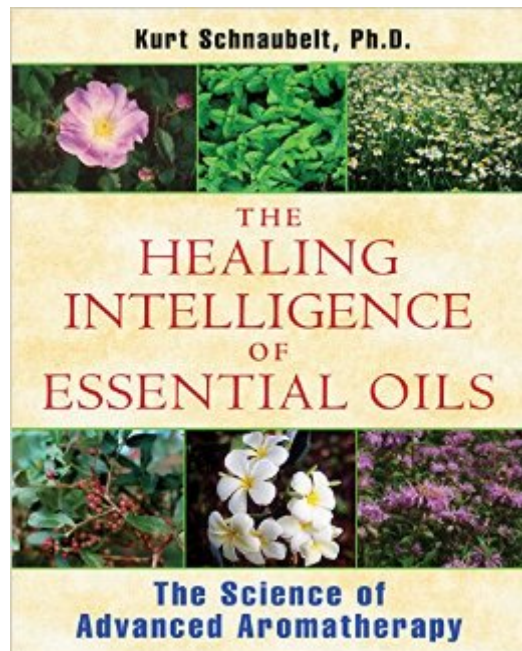


The book was found

The Healing Intelligence Of Essential Oils: The Science Of Advanced Aromatherapy



Synopsis

Explores science's new biological understanding of essential oils for improved immunity and treatment of degenerative diseases • Explains how essential oils convey the complex natural healing powers of plants, offering scientifically proven advantages over synthetic drugs • Offers revolutionary essential oil treatments to ameliorate the side effects of chemotherapy and other cancer treatments as well as for hepatitis, osteoporosis, liver detoxification, and the prevention of UV damage and melanoma • Presents simple recipes and protocols for strengthening the immune system; for treatment of common ailments, such as colds, flu, herpes, and candida; and for pain management

Exploring science's new biological understanding of essential oils and their advantages over synthetic drugs, renowned aromatherapist Kurt Schnaubelt reveals how the effectiveness of essential oil treatments stems from our common biochemical and cellular heritage with plants. He explains how essential oils preserve a plant's complex natural life-supporting and immune-building qualities, developed through millions of years of interaction with animals and humans. Reviewing recent research in molecular, cellular, and evolutionary biology, he shows how the multilayered activity of plant essences helps maintain the integrity of our genetic code--the reason why pathogens cannot develop resistance toward essential oils as they do with antibiotics and antivirals--making essential oils a more effective and sustainable form of treatment for a variety of health problems. Laying to rest old arguments over essential oils' alleged toxicity and whether they can be ingested or used undiluted, Schnaubelt presents simple recipes and protocols for treating and preventing common ailments, such as colds, flu, herpes, and candida, as well as for pain management. Offering new essential oil treatment opportunities for hepatitis, osteoporosis, liver detoxification, and the prevention of UV damage and melanoma, he shows how essential oils can also ameliorate the debilitating side effects of chemotherapy and other cancer treatments as well as how even home use of essential oils for relaxation or skin care can help build one's immunity and overall well-being.

Book Information

Paperback: 240 pages

Publisher: Healing Arts Press; 1 edition (November 8, 2011)

Language: English

ISBN-10: 1594774250

ISBN-13: 978-1594774256

Product Dimensions: 8 x 0.7 x 10 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (247 customer reviews)

Best Sellers Rank: #9,982 in Books (See Top 100 in Books) #16 in [Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy](#) #45 in [Books > Health, Fitness & Dieting > Alternative Medicine > Healing](#)

Customer Reviews

This book is the perfect introduction to essential oils for someone who is serious about using essential oils for medicinal purposes, and especially for those with a basic background in chemistry and biology. Dr. Schnaubelt does a wonderful job of explaining the nuances of using essential oils vs. prescribed pharmaceutical preparations to treat a variety of conditions. He makes it very clear that essential oil is not a cure-all for all ailments, and presents a very realistic view of what the benefits can be to using various oils. I am a Registered Nurse, and am most interested in the whys of how different treatment modalities work, just as much as I am with the results (provides a solid basis for deciding to initiate, continue, or terminate any given treatment modality, be it aspirin or an essential oil). This book does a very good job of giving me a starting point of where I can start really learning about the physiological interactions our bodies, down to the cellular level, have with the different compounds found within essential oils. For those who aren't familiar (or just need a refresher from your A&P or BioChem classes), Dr. Schnaubelt provides a brief overview of cellular structure, chemical bonds, molecular polarity, etc. in his writing and diagrams, and explains why these structures and their properties are important in the application of essential oils as a therapeutic modality. If you feel a bit rusty in your biology and chemistry studies, a quick review of basic human biology (cellular structure, protein structure & synthesis, enzyme structure, synthesis, and actions, DNA & RNA synthesis & replication, etc.

[Download to continue reading...](#)

Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume

1) Essential Oils and Aromatherapy: The Ultimate Essential Oils and Aromatherapy Guide for Health, Healing and Beauty Essential Oils 2016: 200 Natural Beauty Recipes: Diffusers, Skin Care Remedies, Weight Loss, Aromatherapy: (Young Living Essential Oils Book, Natural Remedies) (Home Remedies, Aromatherapy) The Healing Intelligence of Essential Oils: The Science of Advanced Aromatherapy Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil) Essential Oils: The Complete Guide: Essential Oils For Beginners, Aromatherapy And Essential Oil Recipes Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils for Beginners: The Guide to Get Started with Essential Oils and Aromatherapy Essential Oils For Babies: The Ultimate Guide On How To Use Essential Oils For Your Baby To Maximize His Health (Aromatherapy, Baby Health, Natural Remedies, Baby Care) Essential Oils Natural Remedies: The Complete A-Z Reference of Essential Oils for Health and Healing Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) The Art of Aromatherapy: The Healing and Beautifying Properties of the Essential Oils of Flowers and Herbs Natural Medicine and Herbs: 50+ Natural Medicine to Reduce Anxiety, Depression, and Ailments from Your Body: (Essential Oils, Aromatherapy, Herbal Remedies, Supplements, Healing, Vitamins) Diffuser Recipes: Essential Oil Diffuser Recipes For Weight Loss, Better Sleep & Fat Loss (Aromatherapy, Essential Oils, Detox, Cleanse, Healthy Living, ... Lavender Oil, Coconut Oil, Tea Tree Oil) Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) Essential Oils: 7 Essential Oils for Children With ADHD: A Holistic Approach to Reducing ADHD Symptoms

[Dmca](#)